

Home / Blog / Travel & Play / Monthly Newsfeed: What's Hot on the Spa & Wellness Scene

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The weather isn't the only thing heating up, the spa and wellness scene is too. Check out some of the great things that happened this month!

Las Ventanas al Paraiso, A Rosewood Resort Reopens in Los Cabos



The windows to paradise are open again at [Las Ventanas al Paraiso](#) in San Jose del Cabo, Mexico. Since 1997 the resort has been at the top of the luxury list in the area and as it opens its doors again, new personalized services, experiences, and comforts are bound to keep it at the top for years to come. One such service is the addition of Villa Hosts, who are dedicated to providing personalized attention (think personal assistants) to those guests staying in the Signature Villas. As well, the resort has launched five new once-in-a-lifetime experiences including authentic cooking classes, personal tequila tastings, and more!

“Zen & the City” Announced at [The Spa at Mandarin Oriental, Paris](#)

The Spa at Mandarin Oriental, Paris announced this month that it will launch the brand new Zen & the City wellness program this September. Designed as a holistic happy hour, the program was created with American wellness consultant and journalist, Rebecca Leffler, with the goal of providing local Parisians and visiting guests with a peaceful pause while in Paris. Starting with a 30-minute private yoga class, the program also included a body or facial massage, soothing scents by Aromatherapy Associates, and a light snack prepared by Executive Chef Thierry Marx.

Six Senses Spas Unveils its Latest Addition in Greece



Six Senses Spas announced this month the latest addition to its worldwide portfolio. At the well known [Belvedere Hotel](#), overlooking the iconic white homes of Mykonos and the clear blue Aegean Sea, this new location will be the spa brand's second in Greece. Opening early July, the spa was designed with a contemporary twist on the traditional Myconian architecture of the destination. Three treatment rooms feature steam showers and daybeds and guests can pick from treatments which feature local ingredients of cinnamon leaf, bark, sesame, and olive oils, aniseed, sea salt, figs, and more.

Park Hyatt New York's International Series Inspired by Dubai

From July through September, New York's [Spa Nalai](#) is offering guests a taste of Dubai as part of its International Series. Two new seasonal treatments will be offered this summer based on the Arabian Nights theme – an Amara Signature Botanical Massage and a Gold Vitality Facial. Both treatments begin with a ceremonial foot bath, soothing desert botanicals found in the region, and a calming Sapphire Tea. The 90-minute massage features a warmed blend of rose, sage, and 'Sacred Earth Oil' created to help calm the mind and soften the skin. The 90-minute facial firms the skin with CARITA's Trio of Gold Complex along with rose and cucumber essences. Prices start at \$350.

Four Seasons Hotel Los Angeles at Beverly Hills Launches Wellness Wednesdays



[Four Seasons Hotel Los Angeles at Beverly Hills](#) unveiled its Wellness Wednesday program for locals and hotel guests. The Spa will feature of Spa Retreat Day Package, which, along with complimentary pool and fitness center access, guests will get to enjoy their choice of a 60-minute deep tissue or Swedish massage, a signature manicure or classic pedicure, lunch at Cabana Restaurant, and complimentary valet parking.

[The Spa at Paradise Point, a Destination Hotel](#) Introduces HydraFacial to its Skin Spa Menu

The Spa at Paradise Point, a Destination Hotel, is the first and only resort spa in San Diego county to offer the celebrity (and beauty editor) favorite HydraFacial. This non-invasive, incredibly effective skin resurfacing treatment has launched with three versions, each offering immediate results that last long after you've left the spa. Guests who visit for HydraFacial, or any of the other fabulous treatments at The Spa, gain access to the full amenities offered at the 7,050-square-foot sanctuary including the garden courtyard, fitness center, bamboo relaxation room, eucalyptus steam room, and more!

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