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Eat This Now

"Fish taco" at Beaumont's, strawberry-rhubarb tart at Tidal, wild shrimp cocktails at Don Chido

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Strawberry-Rhubarb Tart @ Tidal

I'm not a big dessert guy. I spend too much of my time and table space with the savory menu. By the time dessert comes around I'd often just rather order a soft couch to wink out on for a while. I also am not a fan of warm, macerated fruit fillings. Pies and tarts pale in my eyes to, say, a doughnut (or plain old unadulterated berries with cream). And yet somehow this tart —with its perfectly dense pastry, not overly cloying berry filling and confetti of mint with vanilla gelato—overcame all that. Eat this on the Tidal patio as the sun goes down and all that stressful life crap you worry about will turn to dust. [Tidal @ Paradise Point](#), 1404 Vacation Rd., Mission Bay, 858.274.4630.

